


UDGAM
NATIONAL LEVEL SPORTS FEST 2025

KABADDI RULEBOOK



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GENERAL RULES:

- The participation weight eligibility for both Men's and Women's teams should not exceed 85 kg.
- Tournament Fixtures will be decided later depending upon the number of participating teams and conditions.
- Number of players for team should be 7 players and 5 substitute players
- Each team will have 12 Registered players.
- Players are should be aware of the kabaddi rules which are followed in Amateur Kabaddi Federation of India (AKFI) same rules will be followed during the all matches.
- The match will be of total time 30 minutes which will be divided in two halves 15 minutes each.
- Players should come up with their own playing kit including matt shoes.
- NOTE: Players without having matt shoes are not allowed to play.
- Both teams should report before 30 minutes start of the match, If the team fails they will be disqualified.
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- Any misbehaviour during the game or tournament will be lead to the disqualification of player / team.

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GENERAL RULES:

- In any circumstances, If the player is not recognized as a current student of the respective college or university, the player will be disqualified
- Players should bring a valid ID card of the representing university or college.

CONTACT US:

1.NIZAM (COACH) : 99613 17636

2.SANDEEP : 93901 87504